

## Sexual Purity – Leaders Notes

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This can be a tricky topic. For many men there is a lot of shame and guilt mixed up with their sexuality, for others it has always been a taboo topic of conversation, something they saw as worldly and irrelevant. Others bring their worldly attitudes and desires with them to their Christianity.

Be aware that many men will have feelings of hurt or wounds in their spirit in this area. Remember, that your role is to keep the group safe, as well as productive. It is better to deal with this sensitively and be aware that not everyone will want to engage in discussions, especially if they are new to the group, or have some substantial hurt in this area.

If you do find this topic is something that resonates with your connect group then consider running the **Real Men Healthy Sexuality** course to go into this in more detail and spend more time on.