

Welcome

About This Course

Real Men Essentials offers men a way of thinking about their masculinity with a mental model that can help orient them to the truths of the Bible, and learn more about how God wants us to live as sons, husbands, fathers and men in our community and church.

We all do better when we are given a mental model to help us understand a problem or area of life. Manhood is no different, and yet there are few good guides for men that fit the teachings of Jesus and the Christian life. The Bible talks about this sort of mental model as a revelation or vision:

PROVERBS 29:18 *New International Version (NIV)*

Where there is no revelation, people cast off restraint; but blessed is the one who heeds wisdom's instruction.

This course is in a connect group format over 5 sessions. The connect group leader has their own version of the course notes with some extra guidance and material.

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About Real Men

Real Men is the men's ministry of the C3 Church, it recognises that there are distinctive gifts and callings for men in the Christian walk that differ from women.