

Welcome – Leaders

About This Course

Real Men Essentials offers men a way of thinking about their masculinity with a mental model that can help orient them to the truths of the Bible, and learn more about how God wants us to live as sons, husbands, fathers and men in our community and church.

We all do better when we are given a mental model to help us understand a problem or area of life. Manhood is no different, and yet there are few good guides for men that fit the teachings of Jesus and the Christian life. The Bible talks about this sort of mental model as a revelation or vision:

PROVERBS 29:18 *New International Version (NIV)*

Where there is no revelation, people cast off restraint; but blessed is the one who heeds wisdom's instruction.

This course is in a connect group format over 5 sessions. The connect group leader has their own version of the course notes with some extra guidance and material.

The material in this course is copyright © C3 Church Sydney Ltd.

About Real Men

Real Men is the men's ministry of the C3 Church, it recognises that there are distinctive gifts and callings for men in the Christian walk that differ from women.

How to Run this Course

As the connect group leader there are some key things you need to keep in mind about this course.

1. It comes in a teaching format
2. Every connect group is unique
3. Partner with the Holy Spirit

Teaching Format

Because this is a taught course, you will need to prepare yourself before each week's session by reading it yourself and thinking your own responses to the discussion questions. You should also familiarize yourself with the scripture references – sometimes you might want to include them when you cover a particular session.

Your Connect Group Is Unique

You also want to think about how this course, and each session will be received by your connect group. You might have a bunch of single guys, widowers, or divorcees, and so some of this material might need to be presented with that in mind.

Don't ignore the needs of your connect group to follow too rigidly the course material. If a discussion needs to finish itself on one point or another, then you might need to take two weeks to finish one session properly.

Partner with the Holy Spirit

The last point is that God has given us the Holy Spirit as our helper, and you should lean on him. God knows more about what is going on in the hearts of the men in your group better than you will.

Especially if you feel that teaching is not something that you are comfortable with, then make sure you prepare for each session in prayer and strive to set a spiritual atmosphere for each meeting that suits a quieter, more thoughtful approach.